

Newsletter von NNOC und Codepink

1./2. April 2026

Zum Beitrag: „Zivilgesellschaft in den USA stärkt Solidarität mit Kuba“ von Edgar Göll

NNOC

Our Solidarity Is Stronger Than Their Threats ACT NOW

We write to you at a pivotal time for advocacy in support of our neighbor of Cuba. Trump's executive order in January declared a national emergency stating that Cuba poses an "unusual and extraordinary threat" to the United States. Alongside Marco Rubio, the administration has used this false pretense to justify an oil blockade of Cuba that has made life on the island even more difficult. People are fighting without the ability to access medical care, schooling, and work because of the lack of fuel for transportation. These difficulties are a direct result of the U.S. sanctions that have existed for over 60 years.

It is long past the time that we change our policy towards Cuba. And there are two bills in congress that would do just that.

The first is **H.R.7521 - United States-Cuba Trade Act of 2026** which has been introduced by Representative Jim McGovern of Massachusetts who was present during the discussions of U.S.-Cuba normalization during the Obama years. This bill would COMPLETELY repeal the trade embargo on Cuba which has prevented the island from fully participating in the global economy for over six decades.

The companion bill in the senate **S.136 - United States-Cuba Trade Act of 2025**, offers the same solution. To allow a return to that policy and will encourage trade and exchange between both countries.

Our friends at NNOC member organization, Democratic Socialists of America, have put together a helpful tool that will write directly to your representatives about taking action for Cuba. We ask that you please take the 30 seconds to fill out [the form at the top right of the link](#) and demand that your voice be counted in support of Cuba. The path forward is not through sanctions or threats of war but instead diplomacy and friendship with our neighbor of Cuba.

WRITE! Tell 'em to co-sponsor

You can find the DSA direct aid toolkit, and their congressional letter writing tool (with letter template) here:

DSA toolkit

Upcoming Actions

APRIL 14 On line and in DC Support War Powers resolutions — no attack on Cuba without Congressional authorization

APRIL 15 in Congress!

Genocide Awareness and Prevention Month

NO GENOCIDE in Palestine, Cuba, *anywhere*

APRIL 22 Save the date in DC

Congressional briefing on how 'sanctions' aka state coercive economic measures, kill more kids under age 5 than war focus on Cuba

Nuestra América Convoy — broke the media blockade

Solidarity gatherings in U.S. cities uplifted the March 21 convening in Havana. [The Detroit Free Press said this](#), and reported this NNOC member org photo by David Rodriguez Munoz, and in Boston a MAPA Boston stand out banner was used — like the one seen here in Havana for the Convoy.

Use your resolutions. Pass more in your local union or city.

[Print out list of resolution, see toolkit and more at NNOC.org](#). The NNOC Resolutions Task Force can help your city or state pass a resolution condemning the blockade. [Reach out to get involved](#).

GO to Cuba! Centenary of Fidel Brigade — apply by April 15

The Centenary of Fidel Brigade is happening August 1-15, 2026. One hundred fifty of us will travel to Cuba to commemorate Fidel Castro's 100th birthday, engage in solidarity labor, and learn about Cuba's fight against the blockade. **Applications close April 15.** Partial scholarships available. Seasoned Cuba hands and first-timers all welcome. **Learn more at nnoc.org/join-the-centenary-of-fidel-brigade.**

[Apply now →](#)

Watch the Revolution within the Revolution Podcast

A weekly livestream from the NNOC dedicated to ending U.S. attacks on Cuba and building the solidarity it will take to win. Fridays at 1 PM ET

[Tune In](#)

Four things to do right now

1. **Contact your rep** — [send a letter](#), then call
2. **Pass local resolutions** — connect with the [Resolutions Task Force](#)
3. [Apply to the Centenary of Fidel Brigade](#) — deadline April 15
4. **April 14 Support Congressional War Powers** — [send a letter](#)

The US wants to recolonize Cuba and call it a win. We will not let that happen.

¡Cuba Sí, Bloqueo No!

In solidarity,

National Network on Cuba

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You are receiving this email because you opted in at our Facebook page, at a meeting or event on the topics related to Cuba.

Our mailing address is:

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CODEPINK

Dear Edgar,

It has been just over a week since we returned from Cuba and I can tell you this: what we saw there should shake every one of us into action. **More than 170 members of**

the CODEPINK delegation joined the Nuestra América Convoy to Cuba – people who came from across the globe to deliver tons of aid and break the **60 year U.S. blockade against Cuba**. Our donations were small compared to the need, but part of something much larger.

I've been to Cuba many times, but the reality of the blockade has never felt this immediate.

Years ago, in Africa, a Cuban doctor saved my life. No questions, no paperwork, just care. That is what Cuban doctors do. They show up, they treat people as human beings, not as consumers. So sitting with doctors in Cuba today, struggling to care for their patients without the most basic supplies, is so painful.

We sat with families navigating daily shortages with a kind of dignity that humbled us. It also made us furious, knowing that this suffering is the direct result of decisions made in Washington DC.

And still... there is so much life.

We [painted a mural](#) along the Malecón.

We helped [rebuild a children's playground](#).

We watched children [exchange letters](#) with kids around the world filled with love, hope and curiosity reminding us that no one can blockade solidarity.

In addition to the **6,300 pounds of medical supplies** our group brought, delegates packed suitcases with supplies for communities often overlooked, such as LGBTQ+ people, Afro-Cuban communities, women, artists and animal care. Not just survival but dignity and solidarity.

Now we are back with heavy hearts because a part of us is still in Cuba. With the people we met, with the stories we carry. But we are more determined than ever to organize, to speak out and to keep showing up.

Our convoy garnered global attention to Cuba's plight and the cruelty of the fuel blockade. We hope the awareness helped push Trump to "allow" Russia to unload its oil tanker. But that is just a short-term relief. We have to end this brutal blockade.

We owe it to the people we met not to let this momentum fade, to carry forward what we have built together with our Cuban and global neighbors.

[Watch, listen and learn from our delegation members and find out how to take action locally for the people of Cuba!](#)

Thank you to everyone who joined us in Cuba and who supported the delegation from their own homes. From Palestine to Venezuela, from Cuba to the belly of the beast, we can't stop now. CODEPINK and partnering organizations are already planning to return with more medicine, and essential goods for the Cuban people.

[Support humanitarian aid to Cuba!](#)

Take more action for Cuba:

- **Help us build a real [Good Neighbor policy!](#)**
- **World Central Kitchen: [Feed Cuba during this Man-Made Crisis](#)**
- **You can also travel to Cuba and be part of this growing movement to challenge the blockade. [Organize your own delegation or go on your own.](#)**

There is always more love and solidarity to give to our Cuban brothers and sisters. We must continue to show them that Cuba is not alone!

Towards our liberated future,

Medea and the entire CODEPINK team

P.S.: On Tuesday, April 14, we will be walking the halls of the U.S. Capitol to meet with Members of Congress and their staff to demand urgent action on Cuba. Please make every effort to schedule appointments to meet directly with the elected official. [Register for Cuba Advocacy Day!](#)